

Northside Family Resource Centre since its establishment in 1987 has sought to respond to the needs of the local community by providing:

• structures which facilitate local people to support each other and search for ways to improve the quality of life in the area
• services in answer to the needs of families and family members
• support for those most disadvantaged and socially excluded.

The **Older Persons’ Mental Health Worker** will support the effective running of older persons’ projects and programmes in Northside Family Resource Centre within the context of the Covid-19 Pandemic. Working closely with the Co-ordinator of Older Persons’ Services they will support the development of a system of supports aimed at fostering and maintaining the older person’s mental well-being, independence, social inclusion, and community engagement.

The Older Persons’ Mental Health Worker will have responsibility for certain projects. Among these are:
• Compensating for the lack of social interaction throughout the Pandemic through innovative and creative initiatives
• Create fun and engaging opportunities which Older People can actively engage
• Friendly Call Service
• Home Visiting Service
• Referrals and signposting
• Attention to those returning home from hospital
• One-to-one advocacy and support
• Build interagency relationships with statutory and community partners
• Input into the strategic development of the project and funding opportunities as they arise
• Other relevant activities

**The Older Person’s Mental Health Worker will ensure:**
• They are acquainted with the aims and objectives of the service
• The positive ethos and values of the Centre are adhered to
• Projects are developed according to community development principles
• Work is carried out in a professional manner guided by the principles and policies of the FRC
• They work as part of a team
• Policies and procedures of the service are implemented
• They adhere to the Elder Protection Policy and Procedures – reporting any issues of concern to the Designated Liaison Officer.
• Best practice is observed in all aspects of the work
• Older people are always treated with respect

**Relative to their area of responsibility the Mental Health Worker will:**
• Build positive relationships with older people in the community
• Identify older people who would benefit from involvement in programmes and activities and encouraging their involvement
• Plan and deliver mental health and well-being activities
• Encourage older people to actively participate in the design and development of programmes and offer opportunities for them to feedback on the programmes delivered.

**Outreach**

In line with the primary ethos and focus of the FRC the Mental Health Worker will:
• Work with the family of the older person if appropriate
• Engage in local and regional structures

**Administration**

The Mental Health Worker will:
• Maintain appropriate records of target group and activities in a confidential manner
• Keep financial records where necessary
• Source and apply for funding where appropriate
• Compile relevant reports as required, completing them within the given timeframe
• Report to subcommittees of Board of Management where appropriate
• Support the promotion of awareness and knowledge of the work of the Centre.
• Use of social media to highlight events

**Networking**
• Develop, deliver and support programmes in partnership with other groups that will meet the needs of older people where appropriate
• Liaise with other agencies and services working with older people and attend meetings where appropriate and agreed

**General**
• Have regard for the changing environment within a Global Pandemic
• Undertake other relevant duties as requested from time to time by the Co-ordinator of Older People’s Services
• Take responsibility with other staff for the general work of the Centre

• Sufficient clinical knowledge, clinical reasoning skills and evidence based practice to carry out the duties and responsibilities of the role.
• That he/she practices nursing care safely and effectively, fulfilling her / his professional responsibility within her / his scope of practice.
• That he/she practices in accordance with legislation affecting nursing practice.
• The ability to plan and organise effectively.
• A commitment to providing a quality service.
• The ability to build and maintain relationships including the ability to work effectively as part of a multi-disciplinary team.
• Effective analytical, problem solving and decision making skills.
• Excellent communication skills, including sufficient command of the English language so as to effectively carry out the duties and responsibilities of the role.
• Evidence of ability to empathise with and treat patients, relatives and colleagues with dignity and respect.
• A commitment to continuing professional development.
• An awareness of developments within the HSE.
• Knowledge of the HSE Slainte Care.
A willingness to engage and develop Information Technology skills relevant to the role.

**Conditions of employment:**

There is an expectation of evening and some weekend work.

This is a full-time position of 35 hours a week. A 24-month fixed term contract.

**Salary:** Commensurate with experience and qualifications (no less than €28,200 pa pro rata)